



ON THE MOVE

Leadership and Empowerment Certificate Program

On the Move is a 3-day Leadership and Empowerment certificate program for youth ages 16-25. The curriculum was designed to support leadership development and offers knowledge and practical tools that promote education, self-confidence, character building, and collaboration. These are essential skills for young adults.

Participants will benefit by:

- Participating 20-hour comprehensive training in a conference-style
- Receiving training and mentorship delivered by leading experts in the field
- Completing detailed exercises and taking home a workbook used in-class use includes reference and resources for ongoing learning
- Experiencing guest presentations by real-life role models and leaders
- Interacting, networking, communicating and collaborating with other attendees
- Increasing confidence in their abilities and choices
- This is an exciting opportunity for young adults to become role models & engage and be empowered to become their very best selves.

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Overview of 8 Program Modules

Module 1: Learning to Lead

- Introduction to Leadership • Defining Leadership • Essential Leadership Competencies • Understanding Ethical Leadership • Assessing Your Strengths • The Importance of Continuous Learning • Answer Key for Module 1 • Reference Material

Module 2: Exhibiting Character, Confidence and Courtesy

- Elements of Your Values • How to Convey Confidence • Credibility is Key; Building Trust • Answer Key for Module 2 • Reference Material

Module 3: Putting Your Best Foot Forward

- Setting Personal Standards • Dress and Decorum • Basics of Business Etiquette • Assessing Your Strengths • Answer Key for Module 3 • Reference Material

Module 4: Civility and Social Responsibility

- Defining Civility • Accountability and Responsibility • Making a Difference; Defining Your Role and Responsibility • Respect is Everything; Being Culturally Competent • Answer Key for Module 4 • Reference Material

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Module 5: Communication Skills

• Effective Oral Communication • Non-verbal Communication Skills • Writing Skills- Personal Bios • Essential Email Tips • Answer Key for Module 5 • Reference Material

Module 6: Presentation Skills

• Powerful Personal Presence • Public Speaking Skills • Promoting Yourself as a Leader • Managing Meetings • Answer Key for Module 6 • Reference Material

Module 7: Collaboration and Interpersonal Skills

• Collaboration Tips and Techniques • What it means to be a Team Player • Managing Difficult Situations • Managing Difficult People • Answer Key for Module 7 • Reference Material

Module 8: Empowered for Action

• Determining Your Priorities • Decision-making Strategies • Personal Learning Plans • Goal-setting for Success • Answer Key for Module 8 • Reference Material

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